

More and more parents are allowing their children to play on computers and tablets as they think that children should learn technology skills.

Do the advantages of this development outweigh the disadvantages?

Rarely can you find children these days without playing on computers and tablets. I think the demerits of using technological devices are more than their merits. I will discuss it in the following.

Although a large proportion of technology skills are taught in schools, children have a chance to learn through experiencing these technologies on their own. Moreover, playing is roughly all that children carry out when they are permitted to use computers and tablets by their parent which increases their mental stimulation and concentration.

The reverse side of the coin, the use of electronic device continuously, not only can has negative physical health impacts, for instance, damaging the children's eyes and the sleep difficulty, but also children prefer to be isolated and spend all day indoors instead of interact with their counterparts outdoors which gives rise to mental and physical development' problems while the children who spend time outside playing sports and taking part in community playing foster much more their creative, cognitive and social skills than those of indoors.

To put it in the nutshell, I personally opine that utilizing computers and tablets frequently by children can expose the insoluble dilemma on child health mentally and physically. Thus, parents must impose some limits on the way these devices can be used in the home. Furthermore, they should encourage their children to do other activities such as group playing and involve with other children, play with common toys which can be a crucial point to bring up both individual characteristic and social quality.